

Daily Prayer

including prayers for a Sunday



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There are instructions about when to sit down or stand up during these prayers: you are free to follow these instructions or not if you are praying by yourself!

I hope that you will find them helpful.

A service of Morning Prayer

Stand

A sentence of Scripture or words of invitation may be said.

O Lord, open our lips:
and our mouth shall proclaim your praise.

Let us worship the Lord.
All praise to his name.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and forever.
Amen.

The first Cantic: Venite, or Jubilate or Easter Anthems.

Either: VENITE – a Song of Triumph (Psalm 95)

**O come, let us sing to the Lord;
let us heartily rejoice in the rock of our salvation.
Let us come into his presence with thanksgiving
and be glad in him with psalms.
For the Lord is a great God
and a great king above all gods.
In his hand are the depths of the earth
and the heights of the mountains are his also.
The sea is his, for he made it,
and his hands have moulded the dry land.
Come, let us worship and bow down
and kneel before the Lord our Maker.
For he is our God;
we are the people of his pasture and the sheep of his hand.**

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

Or: JUBILATE – a Song of Joy (Psalm 100)

**O be joyful in the Lord, all the earth;
serve the Lord with gladness
and come before his presence with a song.
Know that the Lord is God;
it is he that has made us and we are his;
we are his people and the sheep of his pasture.
Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and bless his name.**

**For the Lord is gracious; his steadfast love is everlasting,
and his faithfulness endures from generation to generation.**

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

or: THE EASTER ANTHEMS (not to be used during Lent)

**Christ our Passover has been sacrificed for us:
so let us celebrate the feast,
not with the old leaven of corruption and wickedness:
but with the unleavened bread of sincerity and truth.**

1 Corinthians 5.7b, 8

**Christ once raised from the dead dies no more:
death has no more dominion over him.
In dying he died to sin once for all:
in living he lives to God.**

**See yourselves therefore as dead to sin:
and alive to God in Jesus Christ our Lord.**

Romans 6.9-11

**Christ has been raised from the dead:
the first fruits of those who sleep.
For as by man came death:
by man has come also the resurrection of the dead;
for as in Adam all die:
even so in Christ shall all be made alive.**

1 Corinthians 15.20-22

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

*Sit for THE PSALMS appointed from the Common Worship Psalter.
Each group of Psalms may end with:*

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

THE FIRST READING, from the Old Testament.

THE SECOND READING, from the New Testament.

Silence may be kept for a time of reflection.

Stand for the SECOND CANTICLE (a different one for each day)

Sunday: A song of God's splendour

**Sing to the Lord a new song;
sing to the Lord, all the earth.
Sing to the Lord and bless his name;
tell out his salvation from day to day.**

**Declare his glory among the nations
and his wonders among all peoples.
Honour and majesty are before him;
power and splendour are in his sanctuary.**

**Ascribe to the Lord, you families of the peoples;
ascribe to the Lord honour and strength.
Ascribe to the Lord the honour due to his name;
bring offerings and come into his courts.**

O worship the Lord in the beauty of holiness;
let the whole earth tremble before him.
Tell it out among the nations that the Lord is king.
with righteousness he will judge the world
and the peoples with his truth.

Psalm 96.1-3,6-10a,13b

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Monday: The Song of Christ's Glory

Christ Jesus was in the form of God,
but he did not cling to equality with God.
He emptied himself, taking the form of a servant,
and was born in human likeness.
Being found in human form he humbled himself,
and became obedient unto death, even death on a cross.
Therefore God has highly exalted him,
and bestowed on him the name above every name.
That at the name of Jesus, every knee should bow,
in heaven and on the earth and under the earth;
And every tongue confess that Jesus Christ is Lord,
to the glory of God the Father.

Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.

Tuesday: A Song of God's Light

**The Lord is my light and my salvation;
whom then shall I fear?**

**The Lord is the strength of my life;
of whom then shall I be afraid?**

**Though a host encamp against me,
my heart shall not be afraid,
and though there rise up war against me,
yet will I put my trust in him.**

**One thing have I asked of the Lord
and that alone I seek:
that I may live in the house of the Lord
all the days of my life,**

**To behold the fair beauty of the Lord
and to seek his will in his temple.**

**For in the day of trouble
he shall hide me in his shelter;
in the secret place of his dwelling shall he hide me
and set me high upon a rock.**

**Therefore will I offer in his dwelling an oblation
with great gladness;
I will sing and make music to the Lord.**

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

Wednesday: BENEDICTUS – the Song of Zechariah

**Blessed be the Lord the God of Israel,
who has come to his people and set them free.**

**He has raised up for us a mighty Saviour,
born of the house of his servant David.**

**Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us,**

**To show mercy to our ancestors,
and to remember his holy covenant.**

**This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,**

**Free to worship him without fear,
holy and righteous in his sight
all the days of our life.**

**And you, child, shall be called the prophet of the Most
High,**

for you will go before the Lord to prepare his way,

**To give his people knowledge of salvation
by the forgiveness of all their sins.**

**In the tender compassion of our God
the dawn from on high shall break upon us,**

**To shine on those who dwell in darkness and the shadow of
death,**

and to guide our feet into the way of peace.

Luke 1.68-79

**Glory to the Father, and to the Son,
and to the Holy Spirit;**

**as it was in the beginning, is now,
and shall be for ever. Amen.**

Thursday: EITHER: a Song of the Messiah

**The people who walked in darkness have seen a great light;
those who dwelt in a land of deep darkness,
upon them the light has dawned.**

**You have increased their joy
and given them great gladness;
they rejoiced before you as with joy at the harvest.**

**For you have shattered the yoke that burdened them,
the collar that lay heavy on their shoulders.**

**For to us a child is born and to us a son is given,
and the government will be upon his shoulder.**

**And his name will be called:
Wonderful, Counsellor, the Mighty God,
the Everlasting Father, the Prince of Peace.**

**Of the increase of his government and of peace
there will be no end,**

**upon the throne of David and over his kingdom,
to establish and uphold it with justice and righteousness,**

**from this time forth and for evermore;
the zeal of the Lord of hosts will do this.**

Isaiah 9.2,3b,4a,6,7

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

OR: in Lent, A SONG OF HUMILITY

**Come, let us return to the Lord
who has torn us and will heal us.**

**God has stricken us
and will bind up our wounds.**

**After two days, he will revive us,
and on the third day will raise us up,
that we may live in his presence.**

**Let us strive to know the Lord;
his appearing is as sure as the sunrise.**

**He will come to us like the showers,
like the spring rains that water the earth.**

**‘O Ephraim, how shall I deal with you?
How shall I deal with you, O Judah?’**

**‘Your love for me is like the morning mist,
like the dew that goes early away.**

**‘Therefore, I have hewn them by the prophets,
and my judgement goes forth as the light.**

**‘For loyalty is my desire and not sacrifice,
and the knowledge of God rather than burnt offerings.’**

Hosea 6.1-6

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

Friday: the Song of Saviour of the World

**Jesus, Saviour of the World,
come to us in your mercy:
we look to you to save and help us.**

**By your cross and your life laid down,
you set your people free:
we look to you to save and help us.**

**When they were ready to perish, you saved your disciples:
we look to you to come to our help.**

**In the greatness of your mercy, loose us from our chains,
forgive the sins of all your people.**

**Make yourself known as our Saviour and mighty deliverer;
save and help us that we may praise you.**

**Come now and dwell with us, Lord Christ Jesus:
hear our prayer and be with us always.**

**And when you come in your glory:
make us to be one with you
and to share the life of your kingdom.**

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

Saturday: GREAT AND WONDERFUL

**Great and wonderful are your deeds,
Lord God the Almighty.
Just and true are your ways,
O ruler of the nations.
Who shall not revere and praise your name, O Lord?
for you alone are holy.
All nations shall come and worship in your presence:
for your just dealings have been revealed.**

Revelation 15.3, 4

**To the One who sits on the throne and to the Lamb
be blessing and honour and glory and might,
for ever and ever. Amen.**

AFTER THE CANTICLES,

THE APOSTLES' CREED

**I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

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**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

The Lord be with you.
And also with you.

Let us pray.

Kneel.

Lord, have mercy.
Christ, have mercy,
Lord, have mercy.

*Either: Prayers of Intercession
or: on Fridays: The Litany (pages 16-20)*

THE COLLECT OF THE DAY

And/or one of the following COLLECTS

(Either) O God, the author of peace
and lover of concord,
to know you is eternal life,
to serve you is perfect freedom.
Defend us your servants

from all assaults of our enemies;
that we may trust in your defence,
and not fear the power of any adversaries;
through Jesus Christ our Lord. **Amen.**

(or) Eternal God and Father,
you create us by your power
and redeem us by your love:
guide and strengthen us by your Spirit,
that we may give ourselves in love and service
to one another and to you;
through Jesus Christ our Lord. **Amen.**

(or) Almighty and everlasting God,
we thank you that you have brought us safely
to the beginning of this day.
Keep us from falling into sin
or running into danger;
order us in all our doings
and guide us to do always
what is righteous in your sight;
through Jesus Christ our Lord. **Amen.**

THE LORD'S PRAYER:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.**

**For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

ENDINGS

Either:

**The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit be with us all
evermore. Amen.**

or

The Lord bless us, and preserve us from all evil, and keep us in
eternal life. **Amen.**

Let us bless the Lord.
Thanks be to God.

or

The Lord be with you.
And also with you.

Let us bless the Lord.
Thanks be to God.

Through the mercy of God,
may the souls of the faithful rest in peace
and rise in glory. Amen.

THE LITANY

Sections I and VII must always be used, but a selection of appropriate suffrages may be made from Sections II, III, IV, V and VI.

I

Let us pray.

God the Father,
have mercy upon us.

God the Son,
have mercy upon us.

God the Holy Spirit,
have mercy upon us.

Holy, blessed and glorious Trinity,
have mercy upon us.

II

From all evil and mischief;
from pride, vanity and hypocrisy;
from envy, hatred and malice;
and from all evil intent,
good Lord, deliver us.

From sloth, worldliness and love of money;
from hardness of heart
and contempt for your word and your laws,
good Lord, deliver us.

From sins of body and mind;
from the deceits of the world, the flesh and the devil,
good Lord, deliver us.

From famine and disaster;
from violence, murder and dying unprepared,
good Lord, deliver us.

In all times of sorrow;
in all times of joy;
in the hour of death,
and at the day of judgement,
good Lord, deliver us.

III

By the mystery of your holy incarnation;
by your birth, childhood and obedience;
by your baptism, fasting and temptation,
good Lord, deliver us.

By your ministry in word and work;
by your mighty acts of power;
and by your preaching of the kingdom,
good Lord, deliver us.

By your agony and trial;
by your cross and passion;
and by your precious death and burial,
good Lord, deliver us.

By your mighty resurrection;
by your glorious ascension;
and by your sending of the Holy Spirit,
good Lord, deliver us.

IV

Hear our prayers, O Lord our God.
Hear us, good Lord.

Govern and direct your holy Church;
fill it with love and truth;
and grant it that unity which is your will.

Hear us, good Lord.

Give us boldness to preach the gospel in all the world,
and to make disciples of all the nations.

Hear us, good Lord.

Enlighten *N* our Bishop and all who minister
with knowledge and understanding,
that by their teaching and their lives they may proclaim your
word.

Hear us, good Lord.

Give your people grace to hear and receive your word,
and to bring forth the fruit of the Spirit.

Hear us, good Lord.

Bring into the way of truth all who have erred
and are deceived.

Hear us, good Lord.

Strengthen those who stand;
comfort and help the faint-hearted;
raise up the fallen;
and finally beat down Satan under our feet.

Hear us, good Lord.

V

Guide the leaders of the nations
into the ways of peace and justice.

Hear us, good Lord.

Guard and strengthen your servant *Elizabeth our Queen*,
that she may put her trust in you,
and seek your honour and glory.

Hear us, good Lord.

Endue the High Court of Parliament
and all the Ministers of the Crown
with wisdom and understanding.

Hear us, good Lord.

Bless those who administer the law,
that they may uphold justice, honesty and truth.

Hear us, good Lord.

Give us the will to use the resources of the earth to your glory,
and for the good of all creation.

Hear us, good Lord.

Bless and keep all your people.

Hear us, good Lord.

Bring your joy into all families;
strengthen and deliver those in childbirth,
watch over children and guide the young,
bring reconciliation to those in discord
and peace to those in stress.

Hear us, good Lord.

VI

Help and comfort the lonely, the bereaved and the oppressed.

Lord, have mercy.

Keep in safety those who travel, and all who are in danger.

Lord, have mercy.

Heal the sick in body and mind,
and provide for the homeless, the hungry and the destitute.
Lord, have mercy.

Show your pity on prisoners and refugees,
and all who are in trouble.
Lord, have mercy.

Forgive our enemies, persecutors and slanderers,
and turn their hearts.
Lord, have mercy.

Hear us as we remember
those who have died in the peace of Christ,
both those who have confessed the faith
and those whose faith is known to you alone,
and grant us with them a share in your eternal kingdom.
Lord, have mercy.

VII

Give us true repentance;
forgive us our sins of negligence and ignorance
and our deliberate sins;
and grant us the grace of your Holy Spirit
to amend our lives according to your holy word.

**Holy God,
holy and strong,
holy and immortal,
have mercy upon us.**

A service of Evening Prayer

Stand

O Lord, open our lips,
and our mouth shall proclaim your praise.

Let us worship the Lord:
All praise to his name.

Glory to the Father, and to the Son,
and to the Holy Spirit,
**as it was in the beginning, is now,
and shall be for ever. Amen.**

THE INVITATORY

Come bless the Lord, all you servants of the Lord,
you that by night stand in the house of our God.

**Lift up your hands towards the holy place and bless the
Lord:**
may the Lord bless you from Zion, the Lord who made
heaven and earth.

Glory to the Father, and to the Son,
and to the Holy Spirit,
**as it was in the beginning, is now,
and shall be for ever. Amen.**

A HYMN may be sung.

THE FIRST CANTICLE: THE EASTER ANTHEMS

(omitted during Lent)

**Christ our Passover has been sacrificed for us:
so let us celebrate the feast,
not with the old leaven of corruption and wickedness:
but with the unleavened bread of sincerity and truth.**

1 Corinthians 5.7b, 8

**Christ once raised from the dead dies no more:
death has no more dominion over him.
In dying he died to sin once for all:
in living he lives to God.**

**See yourselves therefore as dead to sin:
and alive to God in Jesus Christ our Lord.** *Romans 6.9-11*

**Christ has been raised from the dead:
the first fruits of those who sleep.
For as by man came death:
by man has come also the resurrection of the dead;
for as in Adam all die:
even so in Christ shall all be made alive.**

1 Corinthians 15.20-22

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

*Sit for THE PSALMS appointed from the Common Worship Psalter.
Each group of Psalms may end with:*

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

The Magnificat (The Song of Mary)

**My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour;
he has looked with favour on his lowly servant.**

**From this day all generations will call me blessed;
the Almighty has done great things for me
and holy is his name.**

**He has mercy on those who fear him,
from generation to generation.**

**He has shown strength with his arm
and has scattered the proud in their conceit.**

**Casting down the mighty from their thrones
and lifting up the lowly.**

**He has filled the hungry with good things
and sent the rich away empty.**

**He has come to the aid of his servant Israel,
to remember his promise of mercy,**

**The promise he made to our ancestors,
to Abraham and his children for ever.**

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and shall be for ever. Amen.**

THE FIRST READING, from the Old Testament.

THE SECOND READING, from the New Testament.

Silence may be kept for a time of reflection.

Stand for the SECOND CANTICLE

Sunday: A song of the Justified

**God reckons as righteous those who believe,
who believe in him who raised Jesus from the dead;**

**For Christ was handed over to death for our sins,
and raised to life for our justification.**

**Since we are justified by faith,
we have peace with God through our Lord Jesus Christ.**

**Through Christ we have gained access
to the grace in which we stand,
and rejoice in our hope of the glory of God.**

**We even exult in our sufferings,
for suffering produces endurance,
And endurance brings hope,
and our hope is not in vain,
Because God's love has been poured into our hearts,
through the Holy Spirit, given to us.**

**God proves his love for us:
while we were yet sinners Christ died for us.**

Since we have been justified by his death,
how much more shall we be saved from God's wrath.

Therefore, we exult in God through our Lord Jesus Christ,
in whom we have now received our reconciliation.

Romans 4.24,25; 5.1-5,8,9,11

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Monday: Nunc Dimittis

Lord, now you let your servant go in peace:
your word has been fulfilled.

My own eyes have seen the salvation:
which you have prepared in the sight of every people.

A light to reveal you to the nations:
and the glory of your people Israel.

Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and shall be for ever. Amen.

Tuesday: the Song of the Three

**Blessed are you, the God of our ancestors,
worthy to be praised and exalted for ever.**

**Blessed is your holy and glorious name,
worthy to be praised and exalted for ever.**

**Blessed are you, in your holy and glorious temple,
worthy to be praised and exalted for ever.**

**Blessed are you who look into the depths,
worthy to be praised and exalted for ever.**

**Blessed are you, enthroned on the cherubim,
worthy to be praised and exalted for ever.**

**Blessed are you on the throne of your kingdom,
worthy to be praised and exalted for ever.**

**Blessed are you in the heights of heaven,
worthy to be praised and exalted for ever.**

The Song of the Three 29-34

**Bless the Father, the Son and the Holy Spirit,
worthy to be praised and exalted for ever. Amen.**

Wednesday: a Song of the Lamb

**Salvation and glory and power belong to our God,
whose judgements are true and just.**

**Praise our God, all you his servants,
all who fear him, both small and great.**

**The Lord our God, the Almighty, reigns:
let us rejoice and exult and give him the glory.**

**For the marriage of the Lamb has come
and his bride has made herself ready.**

**Blessed are those who are invited
to the wedding banquet of the Lamb.**

Revelation 19.1b,5b,6b,7,9b

**To the One who sits on the throne and to the Lamb
be blessing and honour and glory and might,
for ever and ever. Amen.**

Thursday: A Song of the New Jerusalem

**Arise, shine out, for your light has come,
the glory of the Lord is rising upon you.**

**Though night covers the earth,
and darkness the peoples;**

**Above you the Holy One arises,
and above you God's glory appears.**

**The nations will come to your light,
and kings to your dawning brightness.**

**Your gates will lie open continually,
shut neither by day nor by night.**

**The sound of violence shall be heard no longer in your land,
or ruin and devastation within your borders.**

**You will call your walls, Salvation,
and your gates, Praise.**

**No more will the sun give you daylight,
nor moonlight shine upon you;**

**But the Lord will be your everlasting light,
your God will be your splendour.**

**For you shall be called the city of God,
the dwelling of the Holy One of Israel.**

Isaiah 60.1-3,11a,18,19,14b

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and shall be for ever. Amen.**

Friday: a Song of Redemption

**The Father has delivered us from the dominion of
darkness,
and transferred us to the kingdom of his beloved Son,
in whom we have redemption,
the forgiveness of our sins.**

**He is the image of the invisible God,
the firstborn of all creation.
For in him all things were created,
in heaven and on earth, visible and invisible.**

**All things were created through him and for him,
he is before all things and in him all things hold together.
He is the head of the body, the Church,
he is the beginning, the firstborn from the dead.**

**In him all the fullness of God was pleased to dwell;
and through him God was pleased to reconcile all things.**

Colossians 1.13-18a, 19, 20a

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and shall be for ever. Amen.**

Saturday: a Song of Christ the Servant

**Christ suffered for you, leaving you an example,
that you should follow in his steps.**

**He committed no sin, no guile was found on his lips,
when he was reviled, he did not revile in turn.**

**When he suffered, he did not threaten,
but he trusted himself to God who judges justly.**

**Christ himself bore our sins in his body on the tree,
that we might die to sin and live to righteousness.**

**By his wounds, you have been healed,
for you were straying like sheep,
but have now returned
to the shepherd and guardian of your souls.**

1 Peter 2.21b-25

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and shall be for ever. Amen.**

Kneel

Lord, have mercy.

Christ, have mercy,

Lord, have mercy.

Prayers of Intercession

Ending with:

**Let my prayer rise before you as incense,
the lifting up of my hands as the evening sacrifice.**

O Lord, I call to you; come to me quickly;
hear my voice when I cry to you.
Set a watch before my mouth, O Lord,
and guard the door of my lips;

**Let my prayer rise before you as incense,
the lifting up of my hands as the evening sacrifice.**

Let not my heart incline to any evil thing;
let me not be occupied in wickedness with evil-doers.
But my eyes are turned to you, Lord God;
in you I take refuge; do not leave me defenceless.

**Let my prayer rise before you as incense,
the lifting up of my hands as the evening sacrifice.**

THE LORD'S PRAYER:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,**

as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

ENDINGS

Either:

**The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit be with us all
evermore. Amen.**

or

The Lord bless us, and preserve us from all evil, and keep us in
eternal life. **Amen.**

Let us bless the Lord.
Thanks be to God.

or

The Lord be with you.
And also with you.

Let us bless the Lord.
Thanks be to God.

Through the mercy of God,
may the souls of the faithful rest in peace
and rise in glory. Amen.

An Order for Compline (or Night Prayer)

The Lord almighty grant us a quiet night and a perfect end.
Amen.

Our help is in the name of the Lord
who made heaven and earth.

A period of silence for reflection on the past day may follow.

The following or other suitable words of penitence may be used

**Most merciful God,
we confess to you,
before the whole company of heaven and one another,
that we have sinned in thought, word and deed
and in what we have failed to do.
Forgive us our sins,
heal us by your Spirit
and raise us to new life in Christ. Amen.**

O God, make speed to save us.
O Lord, make haste to help us.

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and shall be for ever. Amen.**

The following or another suitable hymn may be sung

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.

O Father, that we ask be done
Through Jesus Christ, your only Son;
And Holy Spirit, by whose breath
Our souls are raised to life from death.

One of the following Psalms is said

Either: Psalm 4

Answer me when I call, O God of my righteousness;
you set me at liberty when I was in trouble;
have mercy on me and hear my prayer.

How long will you nobles dishonour my glory;
how long will you love vain things and seek after falsehood?

But know that the Lord has shown me his marvellous kindness;
when I call upon the Lord, he will hear me.

Stand in awe, and sin not;
commune with your own heart upon your bed, and be still.

Offer the sacrifices of righteousness
and put your trust in the Lord.

There are many that say, 'Who will show us any good?'
Lord, lift up the light of your countenance upon us.

You have put gladness in my heart,
more than when their corn and wine and oil increase.

In peace I will lie down and sleep,
for it is you Lord, only, who make me dwell in safety.

or: Psalm 91

Whoever dwells in the shelter of the Most High
and abides under the shadow of the Almighty,

Shall say to the Lord, 'My refuge and my stronghold,
my God, in whom I put my trust.'

For he shall deliver you from the snare of the fowler
and from the deadly pestilence.

He shall cover you with his wings
and you shall be safe under his feathers;
his faithfulness shall be your shield and buckler.

You shall not be afraid of any terror by night,
nor of the arrow that flies by day;

Of the pestilence that stalks in darkness,
nor of the sickness that destroys at noonday.

Though a thousand fall at your side
and ten thousand at your right hand,
yet it shall not come near you.

Your eyes have only to behold
to see the reward of the wicked.

Because you have made the Lord your refuge
and the Most High your stronghold,

There shall no evil happen to you,
neither shall any plague come near your tent.

For he shall give his angels charge over you,
to keep you in all your ways.

They shall bear you in their hands,
lest you dash your foot against a stone.

You shall tread upon the lion and adder;
the young lion and the serpent you shall trample underfoot.

Because they have set their love upon me,
therefore will I deliver them;
I will lift them up, because they know my name.

They will call upon me and I will answer them;
I am with them in trouble,
I will deliver them and bring them to honour.

With long life will I satisfy them
and show them my salvation.

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and shall be for ever. Amen.**

Scripture Reading

One of the following short lessons or another suitable passage is read

You, O Lord, are in the midst of us and we are called by your
name; leave us not, O Lord our God.

Jeremiah 14.9

or

Be sober, be vigilant, because your adversary the devil is
prowling round like a roaring lion, seeking for someone to
devour. Resist him, strong in the faith.

1 Peter 5.8,9

or

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night: they will not need the light of a lamp or the light of the sun, for God will be their light, and they will reign for ever and ever.

Revelation 22.4,5

Into your hands, O Lord, I commend my spirit.
Into your hands, O Lord, I commend my spirit.
For you have redeemed me, Lord God of truth.
I commend my spirit.

Glory to the Father and to the Son
and to the Holy Spirit.
Into your hands, O Lord, I commend my spirit.

Keep me as the apple of your eye.
Hide me under the shadow of your wings.

The Gospel Cantic

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

Now, Lord, you let your servant go in peace:
your word has been fulfilled.

My own eyes have seen the salvation
which you have prepared in the sight of every people;

A light to reveal you to the nations
and the glory of your people Israel.

Luke 2.29-32

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and shall be for ever. Amen.**

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

*Prayers of intercession and thanksgiving may be offered here, or silence may
be kept.*

Then these prayers:

Visit this place, O Lord, we pray,
and drive far from it the snares of the enemy;
may your holy angels dwell with us and guard us in peace,
and may your blessing be always upon us;
through Jesus Christ our Lord.

Amen.

O God,
the source of all good desires,
all right judgements, and all just works:
give to your servants that peace which the world cannot give;
that our hearts may be set to obey your commandments,
and that, freed from fear of our enemies,
we may pass our time in rest and quietness,
through Jesus Christ our Lord.

Amen.

Lighten our darkness,
Lord we pray,
and in your great mercy
defend us from all perils and dangers of this night,
for the love of your only Son,
our Saviour Jesus Christ.
Amen.

The Conclusion

In peace we will lie down and sleep;
for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
for the night is at hand and the day is now past.

As the night watch looks for the morning,
so do we look for you, O Christ.

[Come with the dawning of the day
and make yourself known in the breaking of the bread.]

The Lord bless us and watch over us;
the Lord make his face shine upon us and be gracious to us;
the Lord look kindly on us and give us peace.
Amen.

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